



Community Health Profile

2019

James M. Fedorko, Director of Health Services/Health Officer
(Deborah\Health Ed\Community Profile 2019)

City of
Englewood

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STAFF OF THE ENGLEWOOD HEALTH DEPARTMENT

James M. Fedorko, MS – Director of Health Services/Health Officer
Deborah L. Baldwin, CMR – Program Coordinator/Assistant to the Director, Registrar of Vital Statistics
Alisa M. Smith, MA - Confidential Executive Secretary
Priscilla Lewis, MS - Registered Environmental Health Specialist
Jennifer Galarza, BS, CHES – Senior Registered Environmental Health Specialist
Matthew A. Traudt - Public Health Investigator, Animal Cruelty Investigator
Lismary Espinal, BS, CHES – Health Educator
Claudette Murdock, BSN - Public Health Nurse
Henrietta Goodman, CMR - Deputy Registrar
Doris Garcia, CMR - Bilingual Case Aide, Alternate Deputy Registrar
Beatrice Reynolds, BA, CMR - License Clerk, Alternate Deputy Registrar
Denise Dominguez - Executive Secretary, Deputy License Clerk, Sub-Registrar
Caroline Machiri, MPH - Youth Health Educator (Reach & Teach)

CONSULTANTS & AIDES

Marjorie Jones, MD – Pediatrician
Amina Elkassir, MD – Pediatrician (alternate)
Patricia August, BSN – Public Health Nursing Supervisor

MEMBERS OF THE BOARD OF HEALTH

Bertha-Nora Acosta
JoEllen Bostick
Daniel Daniel, Vice President
Stephanie Davis
Ketsia Alerte Sadler
Aliza B. Solomon, DO, President
Joshua M. Tenzer

James M. Fedorko, Secretary
William Soukas, Esq. - Board Attorney

CITY COUNCIL MEMBERS

Michael Wildes - Mayor
Cheryl Weiner Rosenberg - 1st Ward
Michael Cohen - 2nd Ward
Katherine Glynn - 3rd Ward
Wayne Hamer - 4th Ward, President
Charles Cobb - At-Large

Edward Hynes - City Manager
William Bailey, Esq. - City Solicitor

ENGLEWOOD COMMUNITY PROFILE

LOCATION

The City of Englewood is a suburban community located in the southern part of the Northern Valley section of Bergen County, New Jersey. The George Washington Bridge, connecting New Jersey to New York City, is located five miles from the City center. Two major highways (Interstate Highway 95 and State Highway 4), providing motor vehicle access to the George Washington Bridge, intersect Englewood in its southern sector.

The City encompasses four square miles, sharing borders with the municipalities of Tenafly (north), Englewood Cliffs (northeast), Leonia (south), and Teaneck (west). It also shares a short border with Bergenfield (north) and Fort Lee (south, southeast). The Overpeck Creek, a tributary of the Hackensack River, flows south to the Overpeck Park area between Teaneck and Leonia.

The topography of Englewood consists of the Palisades to the east of the City, with a maximum elevation of 410 feet, which descends to the City center and the western part of the City center with an elevation slightly above sea level. The Hill has predominantly large homes and estates with large lots and woods. However, a large housing project is located on the hill, adjacent to Route 4. Two large wooded recreation areas, Allison Park (75 acres) and Flat Rock Brook (75 acres) are also located in this area.

The valley of the City has an industrial area, apartment and housing complexes - the majority of the business district - as well as single family dwellings. The lot and house sizes are generally much smaller than in the residential area on the East Hill. There are several parks in this area, including Mackay and Depot Square. Almost half of the homes in the City predate 1939, with the vast majority of residential buildings predating 1960. The age of the residential housing has been an important consideration in terms of the risk of childhood lead poisoning and has been a problem addressed by the Health Department.

GOVERNMENT

Since the Charter's change in 1979, Englewood has been governed by the Mayor and Council, with a City Manager as Chief Executive Officer. The City Council consists of five members representing each of the four wards, a council person "at large" and a Mayor. The Mayor and Council serve for a 3-year term, and each year the Council elects a President from within the Council to serve as presiding officer. Members of the City Council and Mayor are part time and receive a modest annual honorarium of \$5,000. The Council hires a City Manager who is responsible for the daily management of all City services and is responsible for all City departments except Health, Library, and the Board of Education. The City Manager is the executive arm for the Mayor and Council and prepares and supervises the total city budget, except for the autonomous departments. He serves at the pleasure of the Council.

The City Manager is administratively responsible for five major departments: Administration, Finance, Public Safety (including Police, Fire, and Code Enforcement), Public Works, and Recreation. The Library and Health Department are autonomous departments, operating separately under Council-appointed Boards, with directives from the State.

The Mayor of Englewood is elected for a 3-year term. Although this is only part-time and not an administrative position, the Mayor may have a casting vote in case of a tie, appoints residents to certain City Boards (Board of Education, Board of Adjustment, Environmental Commission, Library, and Planning Board), issues proclamations, may veto ordinances, and represents the City at County, State and National events.

The City Council appoints the Municipal Judge, City Solicitor, Housing Commissioners, Rent Control Board, Recreation Advisory Committee, Traffic Advisory Committee, and the seven members of the Board of Health who serve three year terms and represent all four wards.

The Board of Health is the governing, policy-making body for the employees of the Health Department and operates under a set of guidelines mandated by the New Jersey State Statutes under Title 26. The Board is responsible to the NJ Department of Health and Senior Services for ensuring that the State Statutes under Title 26 are carried out to the fullest extent of the law. They are also responsible for the implementation and interpretation of the State's Public Health Practice Standards under Title 52.

They provide consultation to the Director and Health Officer in the preparation of the annual budget, which is presented to the Mayor and Council. The Board of Health recruits and appoints all staff and is ultimately responsible for how the staff of the Health Department execute their public health activities, which include core and elected programs as mandated by the NJ State Public Health Practice Standards.

The seven members of the Board (including an elected president and vice president) meet regularly on the second Wednesday of each month. Also in attendance at these meetings are the Board Attorney and Board Secretary/Health Officer, who also serves as the Director of Health Services. Members of the Board serve as liaison to the City Council and Board of Education.

HEALTH DEPARTMENT CORE FUNCTIONS

The following core functions serve as the basis of the Health Department's mission within the framework of the State's required 22 standards.

- ✓ Monitor health status to identify and solve community health problems;
- ✓ Diagnose and investigate health problems and hazards in the community;
- ✓ Inform, educate, and empower people with regard to health issues;
- ✓ Mobilize community partnerships and action to identify and solve health problems;
- ✓ Develop policies and plans that support individual and community health efforts;
- ✓ Enforce laws and regulations that protect health and insure safety;
- ✓ Link people to needed personal health services and assure the provision of health care when otherwise unavailable;
- ✓ Assure a competent public health and personal care work force;
- ✓ Evaluate effectiveness, accessibility, and quality of personal and population based health services;
- ✓ Research for new insights and innovative solutions to health problems.

HEALTH DEPARTMENT SERVICES

- ✓ Vital Statistics
- ✓ Reach & Teach Outreach Project
- ✓ Communicable Disease Surveillance
- ✓ Nutrition Counseling
- ✓ Health Education
- ✓ Environmental Health
- ✓ Maternal & Child Health
- ✓ Cardiovascular Risk Factor Counseling

HEALTH DEPARTMENT'S MISSION

The mission of the Englewood Health Department is to protect the public's health by partnering with the Englewood community to prevent disease, promote wellness, and prepare for disaster. The Department accomplishes this mission by:

- ✓ forming viable partnerships with organizations and individuals
- ✓ addressing issues that affect the health of Englewood residents
- ✓ promoting positive lifestyles
- ✓ responding to critical health issues and disasters
- ✓ promoting access and availability of health services

POLITICAL

Englewood is divided into four wards, which are further divided into fourteen voting districts. The first and second wards are located primarily in the East Hill section, bordering on Englewood Cliffs. This area is home to the majority of Englewood's Caucasian residents and a small percentage of minorities who are largely upper middle class. However, as a result of redistricting, the first ward now extends below the railroad tracks into an area primarily populated by working class African-Americans and Hispanics.

The first ward continues to be mostly Caucasian population in the affluent East Hill section. In the second ward, there is a large housing project made up of working class African-Americans, Hispanics, and a few Caucasian families, including a number of residents receiving public assistance. Town houses, inhabited by both African-American and Caucasian professionals, are also present in the second ward.

The third and fourth wards are located in the valley west of the railroad tracks. The third ward represents the most racially integrated ward in the City and also has a socioeconomic mix of academic and professional families, working class families, and a small number of individuals receiving public assistance. The third ward has experienced an influx of Caribbean, Black, and Hispanic families, especially in the area closer to St. Cecilia’s Catholic Church and the business district. The Recreation Department is located in the fourth ward at the Old Gate House in Mackay Park.

The fourth ward is predominantly of African-American decent with a diversity of educational, professional, and economic backgrounds. Most of the light industry in town is located in the fourth ward. Several public housing projects, a few town house complexes (of mostly middle class, young families), and the largest park in the City are in this ward. The Police Department, Municipal Court, Department of Public Works, and Health Departments are also located in the fourth ward.

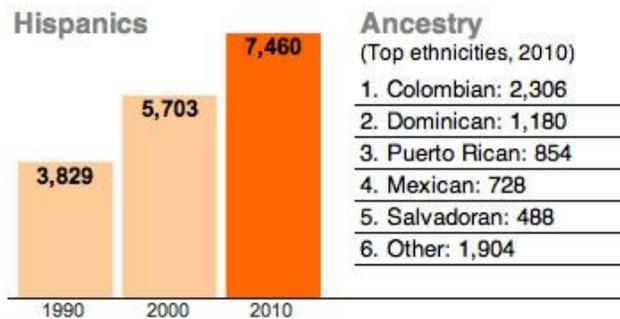
DEMOGRAPHICS

In 2018 Englewood’s population was 28,184 and has a variety of racial, ethnic, social, economic, political, and religious backgrounds. Since 2010, the population increased slightly at 0.69% with the Asian population increasing the most.

White	32.3%	Asian, Pacific Islander	12.3%
Black	29.1%	Other races	2.9%
Hispanic	23.4%		

The census figures indicate that over 50% of the population would be classified as minority in terms of race. These figures do not necessarily include the residents of Hispanic origin, who may be classified as white or black, and yet are still considered a minority.

The majority of Spanish-origin residents in Englewood are from Central and South America - primarily from Colombia. The remaining are from the Dominican Republic, Puerto Rico, Mexico, and El Salvador.



The Black and Hispanic presence in Englewood is reflected in the public school enrollment. The class of 2015 was as follows: 41% is African-American, 41% is Hispanic, 7% is Asian/Pacific Islander, 6% is White (non-Hispanic) and 5% is other.

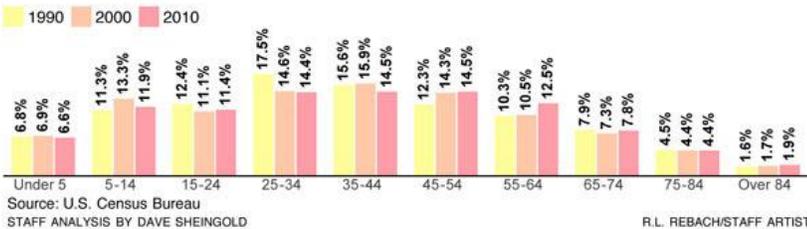
Minority communities generally have a greater need for health services due to higher morbidity and mortality incidence rates, especially for hypertension, diabetes, heart disease, and cancer. Statistics have shown that more than 35% of all families with children under the age of 18 years in Englewood are headed by a single-parent. Such families are more likely to live in poverty.

In 2018, 11.3% of the Englewood population was reportedly below poverty level in terms of economic resources.

Englewood

Change from the 1990 to 2010 census:

Age (by percent of total population)



The median age is 39.1 years and 9.8% of the City's population is over 65 years of age. In addressing the needs of the senior citizens, Englewood has developed a number of services including programs at the Southeast Senior Center for Independent Living, Bergen Family Center, and West Street Housing Project for Seniors (mostly funded by the county). The churches are also active in providing social programs for seniors. A list of other resources may be found in the *Community Resources Directory*, published by the Health and Welfare Council of Bergen County. In 2016, as a result of grant funding, the *Age Friendly Englewood Coalition* was formed and has been actively engaged in providing resources and solutions for seniors to age in place.

Approximately 60% of the Child Health Clinic clients are of Hispanic origin. In order to address this need, a Hispanic case aide supplements the services provided in the CHC.

The Child Health Clinic is offered to children ages 2 months to 18 years twice per month. The Clinic has served as a focal point of human services, providing essential preventative health services to children and their families through early identification of health problems, health promotion, and referrals to appropriate health agencies in the City and County for children with specific health needs.

In addition to growth and development assessments and immunizations, programs have been developed in the Clinic which address such health problems as lead poisoning, nutritional deficiencies (anemia as well as overweight and underweight children), dental decay (especially due to bottle mouth syndrome), and other health topics. The health status of these children is continually being assessed to meet changes in their health needs.

RELIGIONS

Englewood is home to a variety of faiths including Baptist, Methodist, Lutheran, Episcopalian, Presbyterian, Catholic, Moslem, Judaism, and other religious sects. It has been most helpful for the Health Department staff to work with the clergy of several churches to gain access to their congregations. These churches have youth groups, adult workshops, and public forums that the health department uses to deliver public health information concerning a variety of subjects, such as HIV/AIDS, heart health, nutrition, and cancer awareness.

ECONOMICS AND HOUSING

Englewood is an older, suburban community with enormous diversity in its residential population with respect to race, income level, age, and in the housing opportunities it provides for its residents.

Englewood in particular has had a long history of providing housing for its diverse population through local governmental programs, policies, and funding.

Englewood has a variety of land uses. It has an attractive and vibrant central business district, other commercial and industrial areas, a number of parks, and various institutional uses, such as the Englewood Hospital. Englewood also provides a wide array of housing types, particularly for a suburban community. The City's housing mix includes residential uses such as one- and two-family homes to apartments above stores, recently constructed townhouses, and affordable housing developments. Due to this vibrant mix of housing types, Englewood has long provided affordable housing for its residents, as well as those of Bergen County and surrounding areas.

As of 2016, the median property value in Englewood is \$379,900, which is lower than the Bergen County average property value of \$443,400. Between 2015 and 2016, the median property value increased by 0.48% yet the homeownership rate in Englewood decreased to 51.4% from 53% in 2015. Homeownership is also lower than the Bergen County average of 64.7%. People in Englewood have an average commute time of 32.4 minutes and average two cars per household

Income Characteristics (2016)

Median Household Income	\$77,272
Per Capita Income	\$47,172

Englewood's housing unit inventory is diversified, ranging from detached one-family dwelling units to older, mid-rise apartment houses. The economic diversity of the community is apparent in the housing, which ranges from multi-million dollar residences on the Hill to sub-standard dwellings and some illegal boarding houses in the Valley. The City is aware of the dangers of sub-standard housing. The Building Department seeks to compel landlords to bring their dwellings up to code by citing them for any deficiencies.

At present, there are approximately 250 retail establishments, over 500 professional firms (including legal and medical), and approximately 110 industrial establishments providing some 14,594 jobs. The character of the City remains predominantly residential, but its commercial areas bustle with retail and industrial activity.

In terms of public services delivered to residences and businesses, Suez Water supplies the water to the community, which is chlorinated but not fluoridated at the reservoir. Only two businesses are on well water and the water from these wells is monitored by the Bergen County Health Department and the NJ Department of Environmental Protection.

Wastewater that is generated in the City is delivered through sanitary sewer lines to the to the Bergen County Utilities Authority's sewage treatment plant in Little Ferry. Occasionally, there are sewer backups in private businesses, apartment buildings, and residential homes. Staff from the Health, Public Works, and Engineering Departments must respond to these complaints.

COMMUNICABLE DISEASES

The Englewood Health Department monitors all communicable diseases in the City, except tuberculosis and STIs. The illnesses are tracked through the Communicable Disease Reporting and Surveillance System (CDRSS), an electronic, web-enabled system where public health partners can instantly report and track incidences of communicable diseases. CDRSS facilitates the timely reporting and immediate

sharing of pertinent data, thus supporting appropriate public health responses, be they isolated incidences or multi-state outbreaks.

Some of the reportable cases in Englewood included hepatitis B, hepatitis C, salmonellosis, Lyme disease, *Giardia lamblia*, measles, and pertussis. No food-borne disease outbreaks were recorded in 2018

MORTALITY STATISTICS

Shown are the most recent mortality statistics for Englewood, obtained from resident death certificates.

CAUSES OF DEATH Englewood Residents			
	2016	2017	2018
1 Heart disease	47	51	48
2 Cancer	46	46	59
3 Chronic respiratory disease	12	10	9
4 Stroke, Other cerebro-vascular	21	10	12
5 Diabetes+	4	1	5
6 Nephritis, nephrotic syndrome, nephrosis	21	9	11
7 Alzheimer's (any) dementia*	19	16	23
8 Influenza and pneumonia*	16	12	7
9 Accid, Suicide, Homicide	6	2	5
10 Other	11	26	37
11 pending investigation	2	3	1
TOTALS	201	185	212

*Reclassified per CDC 2016

+Diabetes was an underlying cause in these instances

Other incl adv age, failure to thrive, Sepsis, Autoimmune, etc

As a result of the prevalence of heart disease and cancer in the community, the Department of Health aggressively seeks out the high-risk populations. City employees are encouraged to participate in the NJ Well Program and other employee wellness programs. Appropriate referrals are made where indicated. Englewood residents over the age of 65 have access to several health screening programs at the Southeast Senior Center for Independent Living and the West Street Senior Citizen Center.

Since almost 50% of all Englewood residents are people of color, and this population has high rates of hypertension and some cancers, services are directed at reaching this target population. The Department was awarded a Community Development Block Grant to address senior health in fiscal 2017-18, specifically to address heart health and diabetes education. We continue to explore grant possibilities in order to bring new health initiatives to the residents of the City without impacting the budget.

We continue to diversify programs in the schools and community and share resources in order to serve the community effectively.

COMMUNITY PARTNERSHIPS

Englewood is part of a system of 11 local and regional health departments in Bergen County. Our mission comes from the State's Public Health Practice Standards, which mandate programs that must be in place. The Englewood Health Department has worked prodigiously to include the 10 essential services which all local health departments should address.

Our health department goes beyond the minimum standards by addressing local health priorities. Utilizing our Youth Health Educator, we included programs of teenage pregnancy prevention, adolescent health issues, chemical dependency, nicotine addiction, opioid abuse, nutrition, type II diabetes, and concerns about HIV/AIDS/STIs. We not only fulfill the State Department of Health's mandates but also address priorities we have identified at our local level. The basic tenets of public health are prevention, early identification, and health maintenance. These are the building blocks of public health.

[Englewood, along with Franklin Lakes, was named a "Healthy Town" in 2015](#) by the Mayor's Wellness Campaign because of our dedication to improving residents' health and wellness. Programs pioneered by this Department to address some of the health needs of the Englewood community include:

- Reach & Teach - a community outreach program
- Walking Club
- Blood Pressure Club
- Stigma Free Task Force
- First City in NJ to increased the legal age to purchase cigarettes to 21
- Get Fit Englewood
- Municipal Alliance Partner
- Diabetes Self Management Program
- Chronic Disease Self Management Program
- Prescription Drug Compliance Programs
- Smoking Cessation Programs

