

Department of Health

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Englewood Health Department Communication – Mar 25, 2021 James Fedorko, Health Officer, City of Englewood, NJ

Englewood NJ, March 25, 2021 – We regret to report that there have been a total of **73 cumulative deaths of Englewood residents** that have occurred. **There were 6 new positive cases reported since Wednesday, 3/24, with a total (cumulative) of 2,620 known positive COVID-19 cases of Englewood residents.** It is likely there are more positive cases that have yet to be identified.

[NJ COVID-19 Activity Level Report](#) – Week ending 03/20/2021 (Week 11)

The Southeast region is at a MODERATE level. The other five regions (Northwest, Northeast, Central West, Central East, and Southwest) and the State-wide activity level is at HIGH.

*It is important that you continue to practice **social distancing**, wash your hands frequently, and wear a face covering/ mask to minimize the spread of the virus and to continue to **flatten the curve**. Social distancing means that you should limit social contact with others and, if you must interact with people, **maintain a distance of at least six feet**.*

Vaccination:

Vaccination Help Line for Bergen County Vaccination Center. Starting today, March 19th, Bergen County residents age 75 years and older now have the option to schedule vaccination appointments at the Bergen County vaccination site, located at the Alternate Care Facility Annex on the campus of Bergen New Bridge Medical Center, by calling [\(201\)-967-4070](tel:201-967-4070).

CDC has released guidance for [individuals who have been fully vaccinated](#).

Currently authorized vaccines in the United States are highly effective at protecting vaccinated people against symptomatic and severe COVID-19. Evidence also suggests that fully vaccinated people are less likely to have asymptomatic infection and potentially less likely to transmit SARS-CoV-2 (the virus that causes COVID-19) to others. However, we are not in a position at this time to broadly exempt fully vaccinated individuals from existing COVID-19 mitigation efforts, including requirements for indoor and outdoor gatherings outlined in current Executive Orders. This is because we are still learning how long vaccine protection will last as well as how much protection is provided against emerging SARS-CoV-2 variants. In addition, since most of New Jersey is not yet fully vaccinated, the chance that someone who is fully vaccinated could inadvertently spread an infection is relatively high. Until more is learned about protection, and vaccination coverage in the state increases, some prevention measures will continue to be necessary for all people, regardless of vaccination status. As with any level of risk, low/minimal risk does not mean no risk exists.

Eligibility updated: [Memo from Commissioner of Health re. updated Vaccine Eligibility](#)

View a comparison of the available vaccines [HERE](#)

After your COVID19 vaccination, tell CDC how you feel by completing short surveys. V-safe—a smartphone-based tool that monitors vaccine safety—is now available in Spanish, Vietnamese, Korean, and simplified Chinese. Learn more & register: <https://bit.ly/3gNkdpZ>.

The Englewood Health Department received 100 doses of the Moderna COVID-19 Vaccine on February 3rd. All 100 doses have been administered, and an order for additional vaccine was submitted on February 7th. We received 200 Moderna vaccines on February 23rd, and inoculation appointments began on February 25th.

We have a waiting list with over 2,000 people registered, and it is growing rapidly due to the high call and email volume since February 5th. **At this time, we are unable to accept additional telephone calls** to add names to our waiting list. You may request that your name be added to our waiting list by emailing vaccineinfo@englewoodnjhealth.org. These requests will be addressed upon receipt of additional vaccine and the servicing of those already on the list.

If you previously called or emailed to add your name to our vaccine waiting list and have since received the vaccine at another location, please email us (EHDVaccineInfo@gmail.com).

Visit the New Jersey Department of Health [website](#) often for COVID-19 vaccination updates as information becomes available. The State's website allows pre-registration for vaccination. Add your name to the list here: covidvaccine.nj.gov or check vaccinefinder.org - a free, online service where users can search for locations that offer vaccinations.

The State Vaccine Hotline Can Now be Used to Make Appointments for COVID Vaccines – Open from 8 a.m. to 8 p.m. seven days a week, at [\(855\) 568-0545](tel:8555680545). Available in English and Spanish. [An additional service for those over 75 years of age has been added.](#)

VaxRide, a NJ Transit initiative, supports NJ residents in their efforts to get vaccinated against COVID-19. For assistance with finding NJ TRANSIT service to a vaccination site, please contact the Customer Service hotline at (973) 275-5555. Operator assistance is available 8:30AM - 5PM daily, and automated information is available 24/7.

Testing:

All Bergen County Testing information is available [HERE](#) or State of NJ Testing [HERE](#)

[At Home Testing information from CDC](#)

COVID-19 Symptoms:

CDC's current list of symptoms of the novel coronavirus (COVID-19) includes: fever or chills; cough; shortness of breath or difficulty breathing; fatigue; muscle or body aches; headache; new loss of taste or smell; sore throat; congestion or runny nose; nausea or vomiting; diarrhea. CDC will continue to update this list as we learn more about COVID-19.

Look for emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

If you believe that you may have been exposed or have symptoms, contact your medical provider before you go there.

How to Protect Yourself and Others – CDC currently recommends that everyone should:

- Clean your hands often
- Avoid close contact
- Cover coughs and sneezes
- Clean and disinfect frequently touched surfaces daily
- Cover your mouth and nose with a cloth face cover when around others

While the CDC still recommends a quarantine period of 14 days, new guidelines have been introduced that shorten the quarantine time period as a means to reduce the burden and increase willingness to adhere to public health recommendations. According to the new guidelines, quarantine can end after day 10 without testing and if no symptoms have been reported during daily monitoring, or after day 7 after receiving a negative test result (test must occur on day 5 of quarantine or later). CDC's modified definition of a close contact specifies 15 minutes or more of close contact (within 6 feet) of exposure to an infected person during a 24-hour period in which the infected person is infectious (cumulative exposure).

[State of NJ news](#) [Administrative & Executive Orders – NJ](#)

3/24/21 – NJ Dept of Health releases [updated COVID-19 School Recommendations](#)

3/22/21 - The NJ Dept of Health released guidance to allow in-person visits for long-term care residents regardless of vaccination status where COVID activity is lowest. Visitation options for essential caregivers, compassionate care, and outdoor visits will continue to be available.

The NJ Dept of Health has launched a COVID-19 website for [Long Term Care Transparency](#)

New Jersey strongly discourages all non-essential interstate travel at this time. Travelers and residents returning from any U.S. state or territory beyond the immediate region (New York, Connecticut, Pennsylvania, and Delaware) should self-quarantine at their home, hotel, or other temporary lodging for 14 days. This includes travel by train, bus, car, plane and any other method of transportation. The self-quarantine is voluntary, but **compliance is expected**. For more information, visit: [Covid19.nj.gov/njtravel](https://www.covid19.nj.gov/njtravel) [OUT OF STATE TRAVEL REGISTRATION FORM](#)

New Jersey has Extended Open Enrollment to **May 15** for its Health Insurance Marketplace – Those whose annual income is up to 400% of the Federal Poverty Level (\$51,040 for an individual and \$104,800 for a family of four) qualify for state subsidies when buying health insurance through the state's marketplace. Subsidies are about \$484 per month.

The application period for the New Jersey EDA Small and Micro Business PPE Access Program is extended through May 28th. Small businesses can save up to 70% off purchases of PPE. Learn more: <http://covid19.nj.gov/ppeaccess>

City of Englewood Procedures/Policies:

The City's COVID Committee, in an abundance of caution, has decided that sponsorship of public events will continue to be withheld for at least the first three months of 2021. Additional information will be provided as it is available.

Tennis and Basketball courts re-opened as of July 6th 2020. Residents are required to adhere to SOCIAL DISTANCING in the City Parks when possible. Additionally, the WEARING OF FACE COVERINGS is strongly encouraged when practical, as well as frequent washing of hands and/or the use of hand sanitizer. The following areas of City parks remain closed: Playgrounds, Bathrooms, Picnic Areas, Pavilions, Water Fountains, Exercise Stations and Equipment, Athletic Fields (soccer, baseball, etc.). Parking lots will be limited to 50% capacity.

Please refer to the City of Englewood website at www.cityofenglewood.org/Coronavirus for periodic updates. We will continue to inform the community of further important information.

Please sign up for NIXLE to receive local updates. Simply text any zip code to 888777 and receive **real-time alerts** and advisories directly from your local police department and other local agencies. There is no charge for registering, but standard text messaging rates associated with your mobile phone service will apply.

For more information, visit the CDC website at www.CDC.gov/COVID19 or contact the New Jersey State Department of Health Hotline (NJPIES) at 1-800-222-1222 or at 1-800-962-1253 if in New Jersey but using a non-NJ cell phone. The NJPIES hotline is available 24/7.